

ABSTRACT OF THE DISCLOSURE

A first aid hand puppet is disclosed that has a body part having a pouch, within which a removable element can be placed, which removable element is preferably a cold pack or a heat pack that can be inserted within the pouch. The puppet can be in different animal or character shapes and when the puppet is worn on the hand of an adult and placed over an injured area, the hot or cold pack sits in the palm of the hand of the adult for better control and ease of use. The puppet in the person's hand can then hug the child's injured skin area. When the element is removed, the puppet can then be used as a toy.